

GABRIELA GARCIA-MEDINA

CONTRACT RIDER

Additional Contract Provisions:

DRESSING ROOM/STAGE:

1. PURCHASER agrees to supply a comfortable, private dressing room near the stage. Said dressing room is not to be shared with any other individuals.
2. PURCHASER agrees to supply 1 large bottle of water (1 liter or larger).
3. PURCHASER agrees to supply a small table for merchandise sales following the performance.
4. PURCHASER agrees to supply a School T-Shirt (Ladies/Size: S).

ACCOMMODATIONS & MEALS:

1. PURCHASER agrees to supply one (1) hot meal for each member of the ARTIST group – please note that Gabriela is a Vegan. (see page 2)
2. If the PURCHASER is to provide the hotel room, we ask for the following:
 - a) Hotel Room must be reserved at one of the following acceptable, national hotel chains: Hilton, Marriott and Marriott affiliated hotels, Hyatt, Double Tree, Embassy Suites, Crowne Plaza, Hampton Inn, Radisson, Sheraton, Westin, Wyndham, Holiday Inn and Holiday Inn Express ONLY. If one of these national chains is not available in your community, please note that the artist requests a hotel buyout equal to the amount you would normally pay for a hotel to be added to the Artist Payment. Please contact your Agent at The College Agency immediately if you do not have the ability to house the artist at one of the above listed hotels.
 - b) Hotel room door must not open to the outside, but rather the inside hallway or lobby of the hotel.
 - c) Hotel room must be reserved at a hotel that is located in an area of the town/city where someone can safely walk to nearby restaurants, stores, etc.
 - d) Hotel must have high-speed Internet access.

MISCELLANEOUS:

1. Sound Check is required
2. ARTIST does require an introduction
3. Please do not bill Gabriela as a “Def Poet”. She has many amazing credits to her name, but performing on Russell Simmons Def Poetry is not one of them...yet. ☺

Acceptance. We acknowledge and confirm that we have read and approved the terms and conditions set forth in this rider as deemed by our signature below.

Signature of Purchaser

Date: ____/____/____

Agent – THE COLLEGE AGENCY / ph. (651) 222-9669

Vegan? What does that mean?

If you are going out to eat with Gabriela, she can adapt to pretty much any place. You can always hit up Chipotle or Panera as they are vegan-friendly. If going out to eat isn't in the cards, she can make herself a meal at any Whole Foods Market/ Wild Oats or Earth Fare.

You can also check out some of her recipes on her facebook page if you want to get really creative:

<http://www.facebook.com/album.php?aid=137361&id=708756873&l=e86a8ffa7>

These are some good foods to go with

VEGETABLES:

- Artichoke hearts
- Broccoli sprouts spinach
- kale
- Brussel Sprouts
- Red Cabbage
- Beetroot
- Bitter melon
- Broccoli
- Watercress
- Asparagus
- Olives
- Alfalfa sprouts
- Mixed Sprouts
- Parsley
- Leeks
- Onions
- Chives
- Celery
- Carrots
- Green Beans
- Sweet Corn

PULSE/NUTS/SEEDS:

- Pinto Beans
- Red Kidney Beans
- Soy Beans/Tofu
- Walnuts
- Sunflower seeds
- Flax Seeds
- Water chestnuts
- Almonds

COOKING HERBS:

- Rosemary
- Cinnamon
- Cloves
- Horseradish
- Ginger
- Cayenne
- Garlic
- Basil
- Turmeric
- Cumin
- Coriander

- Sage
- Thyme
- Mustard

GRAINS/ CEREALS:

- Pumpnickel bread
- Rice: Brown/wild rice
- Rolled Oats
- Rice cakes
- Millet
- Oatmeal

FRUITS:

- Blueberries/ acai/ gogi berries
- Blackberries
- Raspberries
- Strawberries
- Prunes
- Cherries
- Plums
- Kiwi fruit
- Apricot
- Papaya
- Pomegranate/ Red Grapes
- Melons (all types)
- Dates
- Figs
- Green apples
- Peaches
- Pears

OILS:

- extra virgin olive oil
- walnut oil
- hemp oil
- Flax seed oil
- Sunflower Seed oil
- Coconut Oil

TEAS:

- Green Tea

SAUCES:

- Tamari (wheat free, real fermented soy from health food store)
- Mustard